

Discover What Really Blocks You

— *by your date of birth* —

There is a deep reason you sometimes feel stuck, uncertain, or unsure of your path.

And very often, that reason is already written in your date of birth.

A gentle guide by Chagit

If we haven't met yet — hi, I'm Chagit.

There's something I hear again and again from women who come to me:

"I feel there is more in me — but I can't figure out what exactly is stopping me."

They aren't lazy. They aren't lacking talent. They simply never got a real explanation for why things feel the way they do on the inside.

I used to think that confusion was something you just had to push through — get stronger, decide, be more sure of yourself. But over the years, and over dozens of deep conversations with women, I began to see patterns that repeat themselves again and again.

There is a real desire to move forward — and yet something inside seems to pull backwards. When I started working with numerology, something interesting happened: a lot of things suddenly connected. I could see why one woman keeps second-guessing herself, and why others feel stuck or unclear about what they want.

I'm here to tell you: **this is not random**. And it's not something you need to fight. It's a pattern — and once you understand the pattern, you can start to move.

This guide is a small taste of the tools I use to help women who feel it's time to truly understand themselves. If, while reading, something feels precise for you — know that you are in the right place, and I would love to walk this path with you.

How to Calculate Your Number

Before we go on, take a moment to find your **personal number**. It's based on your date of birth, and it offers a glimpse into an inner pattern that walks with you through life.

This number doesn't define you — but it can explain why certain things feel natural to you, and why others feel more complex.

Here's how to find it:

Write out your full date of birth and add all the digits together.

Example: If you were born on 15.02.1996 —

$$1 + 5 + 0 + 2 + 1 + 9 + 9 + 6 = 33$$

$$\text{Now add again: } 3 + 3 = 6$$

Your personal number is **6**.

If your result is more than 9, simply keep adding the digits until you reach a single number between 1 and 9.

Take a moment now — and calculate your number.

On the next pages you'll discover what that number reveals about the pattern that runs you from within — and, perhaps, about the very thing that keeps you from moving forward the way you truly want to.

What Your Number Says About You

If your number is 1

There is a strong inner power in you, and a will to lead your own way. You don't like following others, and you have a deep need to feel that what you're doing is truly your own.

But sometimes, this is exactly what makes it hard for you to ask for help or to let go of control. You are meant to lead and to guide, and even when it's hard, you keep going. This pattern gives you strength — but it can also keep you from moving at the pace you're truly capable of.

If your number is 2

You have very high sensitivity to the people around you, an ability to understand situations deeply, and to see what others need without them even saying it.

But often, this is exactly what makes you put yourself aside. It's important that you listen to yourself — your intuition is strong — and let it guide the decisions that truly move you forward. Your ability to feel others is a great gift, but it needs to work together with your inner voice, not in place of it.

What Your Number Says About You

If your number is 3

You have a natural joy for life and a real ability to express yourself. When you're connected to yourself, people feel it instantly.

But sometimes you begin things with excitement, and then something inside makes you stop. It might be fear of criticism, or a feeling that you won't really be seen. When you give yourself room for true expression, a force opens up in you that moves things forward, fast.

If your number is 4

You have a strong need for stability and solid ground. You are someone people can rely on, and when you decide on something, you know how to stay with it.

But sometimes, the very need for security keeps you in a place that no longer fits you. You have the power to build a stable path — but that path needs to match what you truly want, not only what feels safe.

What Your Number Says About You

If your number is 5

You have a deep need for freedom, movement and new experiences. It's hard for you to stay in a place that feels closed or too predictable, and you sense very quickly when something is no longer aligned for you.

But sometimes, the fear of losing freedom makes it hard to choose a clear direction. When you choose a path that truly suits you, your freedom grows — it doesn't shrink.

If your number is 6

You have a very big heart, a natural sense of responsibility, and a real wish for the people around you to be well. People often lean on you and count on you.

But inside all that giving, it's very easy to forget yourself. When you learn to put yourself back into the picture, something important begins to improve — both in your sense of worth and in your path.

What Your Number Says About You

If your number is 7

You have depth of thought and feeling. Surface answers aren't enough for you — you need to understand things deeply in order to feel sure of your path.

But sometimes, precisely because of that deep thinking, you stay in your head for a long time — analysing, checking, waiting for the right moment — and the step keeps being postponed. When your depth works in balance with action, a very precise and true path opens for you.

If your number is 8

You have a strong ability to execute, to lead, and a real desire to create true stability in your life. You know how to take responsibility and keep moving even when it isn't easy.

But somewhere along the way, you learned to believe you have to be strong all the time. Exactly when you allow yourself to receive support — and to let others help — your ability to succeed grows even more.

What Your Number Says About You

If your number is 9

You have very high sensitivity, an ability to see the wider picture, and a wish to do something meaningful in the world. You feel people and situations intensely, and sometimes that can flood you.

You tend to give a great deal, and don't always leave space for yourself. When you learn to also listen to your own inner voice, your sensitivity becomes a force that guides you forward.

If, while reading, something felt very familiar to you —

that's a good sign. It means your number is already beginning to tell you something about your path.

On the next page, I want to give you a small, simple exercise that can start to shift something for you right now.

A Small First Step You Can Take This Week

Until now you've read about the pattern that walks with you. Now I want to give you one moment of action.

Take a minute for yourself, and write down one sentence you tell yourself when you want to move forward but something stops you.

For example: “I'm not sure of myself.” / “I'm afraid of making a mistake.” / “I don't know where to begin.”

Once you've written it, pause for a moment — and ask yourself one question:

Is this sentence really mine?

Or is it a sentence I learned to think about myself over the years — or a sentence I heard from other people?

Very often, we discover that we are living by sentences we adopted without noticing — but they are not our truth.

When you start to identify the sentence that runs you, you get to know yourself more — and awareness is always the first step toward movement.

*If you did the exercise just now — you've already begun to move in the right direction.
And even if it looks like a small step, that is exactly the place where real change
begins. :)*

Get to Know Your Numbers — and Walk Your Path with Confidence

In a personal session, we open your numerology map together.

Together, we understand:

- Where you are right now on your path
- What you truly want in your life
- And what is stopping you, from the inside, from getting there

Women often tell me they leave the session with a sense of order in their mind — and clarity about the direction of their life.

I'm excited to share with you the most precise session you'll take:

“Finding Your Direction — Once and for All.”

There are only a small number of sessions each month, so I can keep the process personal and precise for each woman.

If you're tired of waking up every morning with a feeling of missing out — and you know there is another, more precise way to live, but you feel stuck — if you're asking yourself:

“Is this what the next 40 years of my life are going to look like?”

→ **Book your session and get a clear direction** ←

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